

5/28/20 CI Music Hour Recap

Dear all,

This Thursday, our guest Scott Jeppesen, a tenor Saxophonist, played for us jazz tunes and shared how he approaches improvisation. The scores of the three tunes he played are attached [here](#).

He also shared a book that has been instrumental to his playing. *Effortless Mastery: Liberating the Master Musician Within*. The author discussed how playing music should be as simple and natural as breathing, and before we can truly express our inner self, we must first learn to overcome hindrances such as self-consciousness, self-doubt and stress. He presents ways to let our natural creative powers flow freely with minimal stress and effort. You can check out the book here:

<https://www.amazon.com/Effortless-Mastery-Liberating-Master-Musician/dp/156224003X>

Our impressions of the Tenor Saxophone were rather mixed. For some, the Saxophone sounded the way they remembered, some enjoyed it very much but could not help but feeling missing out on elements, and others had a harder time to enjoy it. Ray suggested for the survey to focus on how everyone listened so we can better understand CI-listening experiences. It will be tremendously helpful to get as detailed descriptions of your listening and how it sounded as possible. It also would be great if, in the survey, you included your suggestions for activities, resources and what you would like to listen to in the future. Our goal is to make our CI Music Hour as helpful and enjoyable as possible for everyone.

Link to the survey:

https://docs.google.com/forms/d/e/1FAIpQLSerlytrVR3go9smleIXVsHyWd2aCYMtymwGhmM_VU_-MLgw/viewform?usp=sf_link

Next Thursday, a good friend of mine, Patrick Kirst will join us as our guest. Patrick is a film composer and a professor in the Screen Scoring Department of USC's Thornton School of Music. Reflecting Sonny's suggestion, I asked Patrick to go over music vocabularies with examples such as overtone, chord, etc. If you have any specific things you want to be covered, you can send me a quick note in advance or ask him in person. Patrick will share his film composition work as well. His resume and website are included at the bottom.

We are grateful to Lois Boyle who joined us from the non-profit Access Virginia. She volunteered to provide captioning at our future meetings as her schedule allows.

I added links to Youtube videos of the three songs that Scott played. These versions are group sessions from different artists, in case you are interested in checking them out.

All the best,

Juri

All the things you are

<https://www.youtube.com/watch?v=yC4P4B2kl4Q>

<https://www.youtube.com/watch?v=ttlyokPlirI>

Body and Soul by Johny Green

<https://www.youtube.com/watch?v=8milZ1XnNpY>

<https://www.youtube.com/watch?v=zKPFIDoB7DQ>

St. Thomas

<https://www.youtube.com/watch?v=v4DTR0I7xhA>

Patrick Kirst



Bio of Patrick Kirst

Website: <https://www.patrickkirst.com>

Born and raised in Germany, Patrick Kirst first fell in love with the fascinating art of film music growing up with film classics such as *E.T.*, *Back to the Future*, and *The Never Ending Story* primarily written for full orchestra and created with the newest synthesizer technologies of the day, left a lasting impression on him. Creating the musical landscape for great stories has since become his greatest passion. He moved to the US in 2000 where he studied jazz at Berklee College of Music in Boston, contemporary classical music at New York University, and film music at the University of Southern California in Los Angeles. He was hired to write music for Disney's first nature documentary, *Earth*, based on the BBC's highly successful *Planet Earth* TV series. Since, he worked for numerous films, documentaries, and animations. Most recently he finished the sequel to *The Kissing Booth* for Netflix, one of the highest streamed movies of all time. In the thriving media industry of Los Angeles, he continues to share classic techniques and new innovations through his work as a composer and a professor at the University of Southern California.