

Hello everyone!

### **Recap from 8/12**

Two weeks ago, we welcomed percussionist Evelyn Glennie to our music hour! During the hour Evelyn described how her hearing loss evolved with her experiences as a growing musician. In particular, she described her experiences learning to ‘hear’ through her entire body by focusing on the vibrations when playing various percussion instruments. She also demonstrated briefly how she experiences sensations in different parts of her body (i.e. her fingers, palm, etc) depending on the type of percussion instrument she is playing. Evelyn also encouraged the group to explore their “sound picture.” She described this as the process of observing and imagining music and rhythm in our everyday lives, for example in how water moves, or how we are walking. This is a simple way to practice engaging with music and sound in a way that is unique to each of us.

To learn more from Evelyn, the Zoom recording and transcript from the meeting is attached to this email. **We ask that you please keep this video within the group and do not share this publicly, for the sake of Evelyn’s privacy.**

### **CI Music Hour 8/26**

This coming Thursday, the 26th at 2:00pm we will have our last summer music hour. This will be our home base session in which Ray will update the group about ongoing research in the lab. We will also encourage participants to share their musical highlights and challenges of the week or summer.

### **Upcoming Music Hours**

Following this week, we will begin holding music hour every week on Thursdays at 2:00pm again. We will share the updated schedule with you as soon as it is set!

### **Some music for you all...**

Lastly, one of our CI music hour participants shared this lovely harp performance with us and wanted to pass it on to the group. We know that the harp is a fan favorite instrument among many group members, so feel free to enjoy this video!

[https://www.youtube.com/watch?v=tuiymcXNeE&ab\\_channel=SunitaStaneslow](https://www.youtube.com/watch?v=tuiymcXNeE&ab_channel=SunitaStaneslow)

See you all soon!

Julianne and Chrysa