

Hello everyone!

Music Hour Recap 11/10/22

This week, we were lucky to hear from percussionist Alan Puglisi. To start off, we heard Alan perform *Etude 6* by Jacques Delecluse and *Pine Cone Forest* by John Pratt. He also demonstrated 3 types of rolls: closed (the orchestral type), open (2 hits per stroke), and buzz (multiple hits per stroke). If any of you would want to start drum lessons, please feel free to contact Chrysa or the Neighborhood Music School.

Next, he switched over to the timpani, which is a set of 4 drums typically used in an orchestra. A timpanist is able to change the pitch of each drum by using a pedal which increases or decreases the tension on the drum head. Each head also has lugs, which vary between instruments and all need to remain at the same amount of tension in order to maintain consistent tuning.

Then, Alan performed Richard Hochrainer's *Etude 43* (an etude is a type of piece which focuses on difficult techniques) for us. After his performance, we also learned about the different types of mallets and the variety of materials that they can be made out of; different materials produce different timbres. We also learned about how timpanists muffle the sustain: by placing their fingers on the head of the drum. This is necessary because having several notes ringing at once would convolute the sound. For the most part, each drum has less than an octave range, and playing the same notes on different drums can produce different timbres and sounds. To end off the session, Alan played *Soundings* by Douglas Igelsrud.

This Week's Music Hour 11/17/22

Tomorrow we welcome music therapist Daniel Goldschmidt! Below is Daniel's bio which you can also find on their [website](#).

Daniel Goldschmidt MM, MT-BC (they/them) is trying to do better as they know better each day. Daniel believes in breaking out of binary thought – that a vast majority of reality lives between the extremes we've been societally taught to believe we must fit into. As a music therapist Daniel has experience working with people across many aspects of identity – from toddlers to people over 100 years old, people who are free and people who are incarcerated, neurodivergent people, people across many racial, religious, and ethnic backgrounds, LGBTQIA+ folk, and people holding countless additional identities. Daniel received their bachelors in music therapy from the University of Kansas in 2013, and received their master's in music therapy (with a certificate in gender, power, and difference) from Colorado State University in 2020. Daniel has completed trainings in music cognition research, music therapy

and autistic folks, and a 40-hour training on advocating for victims of sexual assault. Daniel has provided keynotes, training, and presentations across the world, including speaking about addressing white supremacy in healthcare in South Africa, Manitoba, California, and Minnesota. He has also provided talks on music cognition and musical intervention, including keynotes for Virginia Association of Licensed Child Placing Agencies, the Virginia Occupational Therapy Association, and a [TEDx talk](#).

~Hubert