

## 7/27/23 Music Hour Recap

Hello, everyone!

At our last session, we welcomed music therapists Zachary and Debbie Sipos. The recording of their Music Hour can be viewed [here](#).

Zach and Debbie shared a variety of music therapy resources and their contact information, which is below:

Zach & Debbie's website and contact info:

[www.musicmatterztherapy.com](http://www.musicmatterztherapy.com)

Music Matterz Inc.(805)906-2082

DebbieSiposMTBC@gmail.com

General Music Therapy Organization Links:

<https://www.cbmt.org/>

<https://www.musictherapy.org/>

<https://nmtacademy.co/>

Their bios from their [website](#):

### **Zachary Sipos**

*Zachary Sipos, MT-BC, NMT is a Board Certified Music Therapist, with a specialty credential in Neurologic Music Therapy. He has over 20 years of experience as a jazz guitarist, and is a Veteran of the U.S. Navy.*

*It was after his time in the Navy that he discovered the potential of music in helping people on a physiological and psychological level. Thus, he decided to pursue his B.A. in Music Therapy, while minoring in Psychology, at CSUN. His passion is to bring music to the lives of people, especially Veterans suffering from PTSD.*

*After graduating with honors, Zachary is now a Board Certified Music Therapist (MT-BC), a Certified Neurologic Music Therapist (NMT) trained at the R.F. Unkefer Academy for Neurologic Music Therapy, Co-Owner of Music Matterz, and founder of Zarakel Music. He is currently pursuing a Masters Degree in Military Trauma Psychology.*

*While specializing in trauma, he has clinical fieldwork experience in a variety of populations, including individuals with autism, developmental and intellectual disabilities, trauma, addiction, rehabilitation, geriatrics, and neurologic disorders.*

*Affiliate Guitarist and Colleague of United States Veterans' Artist Alliance*

### **Deborah Sipos**

*Deborah "Debbie" Kazel Sipos, MT-BC, NMT Fellow, NICU MT, is a Board Certified Music Therapist, and a Neurologic Music Therapy Fellow, with specialty credentials in Neurologic Music Therapy, NICU Music Therapy, and a certificate in Creative Arts Therapy. Outside of their private practice, Debbie is also a clinician at the California State University, Northridge Music Therapy Wellness Clinic. Debbie was formerly a music educator in the Conejo Valley Unified and Oak Park Unified School Districts since 1995.*

*In 2004 -2005 Deborah was selected as the California Young Mother of the Year, and then went on to earn the coveted title of National Young Mother of the Year from American Mothers Inc. Debbie also received the distinguished 2005 Conejo/Las Virgines Future Foundation CLvFFie Award for Community Service, and has received numerous honors for her service to the community. Debbie has served in various leadership positions, including; the Board of Directors of American Mothers Inc., as a volunteer at Ride-On Therapeutic Equestrian Center, as President of the Music Therapy Association of Northridge (MTAN), and is a life member of Hadassah. Debbie has been a member of VCAC (The Ventura County Arts Council), CMEA (California Association for Music Education), NAfME (The National Association for Music Education), and AMTA (American Music Therapy Association).*

*In March 2015, Debbie attended the 59th Session of the Commission on the Status of Women at the United Nations, participating in cross panels on human trafficking, global genocide, human rights advocacy, and domestic violence, during which she promoted the use of creative arts and music therapy as an effective form of therapeutic intervention for survivors of trauma.*

Have a great week!

- Hubert :)