

LAMBDA LETTER



September 2022

MedLambda is the LGBTQ+ organization and MSPA chapter of Keck School of Medicine. We are happy to provide you with this month's newsletter featuring local events, international awareness campaigns, LGBTQ+ health equity organizations, and opportunities to participate In LGBTQ+ health research.



Every Thursday 11a-3p join CutiesLA DTLA in the Arts District at Detroit Vesey's for a weekly coworking date with your fave cuties. Feel free to join for the entire time or just a portion!

<u>Sign up here!</u>





Interested in being a first year rep for MedLambda?





Recruiting Research Participants

Recruiting male couples who are in a new relationship of 1 year or less for a research study called **Our Plan**. The goal of **Our Plan** is to help couples communicate and make decisions together about sex and HIV/STI prevention and care. There are incentives (up to \$100 per participant)! Check if you are eligible here.

A warm welcome to Dr. Dustin
Nowaskie (they/them), a new
psychiatrist at the USC Student Health
Center and Founder and President of
OutCare Health. OutCare Health is an
international nonprofit 501(c)(3)
LGBTQ+ health equity organization
that has a number of LGBTQ+
initiatives, including the OutList
directory of LGBTQ+ affirming
providers, LGBTQ+ Public Resource
Database, Mentorship Program,
OutTalk series on diversity and
intersectionality, and many more.



Read more about OutCare Health



National Suicide Prevention Month

Do you feel alone, overwhelmed or hopeless? Are you or someone you know thinking about suicide? Crisis services provide immediate emotional support and resources to people in distress and their worried family and friends. Dial 988 or chat with a crisis lifeline

representative.

Sexual Health Awareness Week 9/12-18

5 Key Elements of Sexual Health

- 1. Well-being
- 2. Freedom
- 3. Human rights
- 4. Lifelong
- 5. Manifests in different ways



This month's newsletter was brought to you by MedLambda Co-president Sarah Ponce (she/her/ella)





