## The strength of our community...

people who rise move mountains move goal posts face spring after winter

we, who rise

tread the margins of the unknown and return with knowledge forever uniting us

we move mountains powerful supportive loving nurturing

recognizing
the deepest lows
in one another
our frostbitten hearts
and the shared slow delicate thaw

if ever there was a way to measure time...

live for the moment the next season always comes live for the moment whatever it brings live for the moment feel happy again

## Ours...

is a community of heroes
we tread the margins of the unknown
recognizing the deepest lows
we move goal posts
we
recognize
one another
we rise