Head and Neck Cancer Staging

Neil Gildener-Leapman MD Albany Medical Center Assistant Professor of Surgery OTO/HNS April 2020

Objectives

- Principles
- Melanoma
- Cutaneous non-melanoma
- Merkel Cell
- Thyroid cancer
- Parathyroid Carcinoma
- Salivary gland
- Nasopharynx
- Oropharynx
- Cervical lymph nodes and Unknown primary
- Oral cancer
- Laryngeal cancer

History of TNM Staging

- Pierre Denoix at Institut Gustave Roussy (first cancer center in Europe)
- Developed first TNM staging system in 1952
- The Union International Contre le Cancer (UICC) released TNM staging in 1958
- The American Joint Committee on Cancer (AJCC) began site specific staging in the 1960s and released its first manual in 1977
- There is harmonization between AJCC and UICC

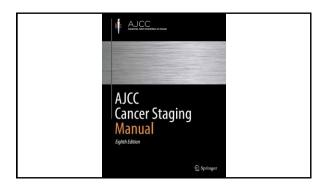
Principles of Staging

- Hazard consistency
- Hazard discrimination
- Balance between groups (for continued statistical evaluation)
- · High predictive ability
- Iterative process (staging changes over time)

Principles of Staging

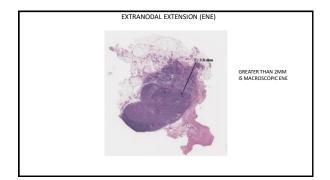
- Stage classifications
 - Clinical (c)
 - Pathological (p)
 - After radiation or chemotherapy (yc)
 - After radiation or chemo for planned surgery (yp)
 - Staging a recurrence (r)
 - Cancer found at autopsy (a)

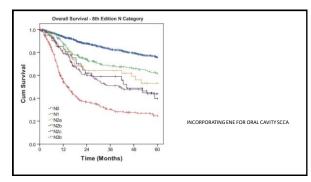
Zubrod/ECOG Performance Scale Fully active, able to carry out all predisease activities without restriction (Karnofsky 90–10). Restricted in physically stremnous activity but ambulatory and able to carry work of a light or sedentary nature. For example, light housework, office work (Karnofsky 70–80). Ambulatory and capable of all self-care but unable to carry out any work activities. Up and about more than 50% of waking hours (Karnofsky 50–60). Capable of only limited self-care, confined to bed or chair 50% or more of waking hours (Karnofsky 30–40). Completely disabled, Cannot carry on self-care. Totally confined to bed (Karnofsky 10–20). Death (Karnofsky 0).

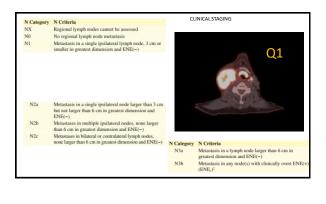


CERVICAL LYMPH NODES AND UNKNOWN PRIMARY

- Used for squamous cell carcinoma and salivary gland carcinoma of all head and neck sites
- Not used for:
 - HPV related oropharyngeal cancer
 - Nasopharyngeal cancer
 - Melanoma
 - Thyroid cancer
 - Sarcoma

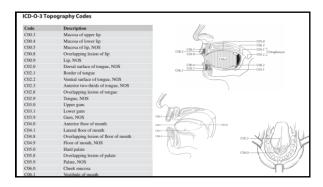


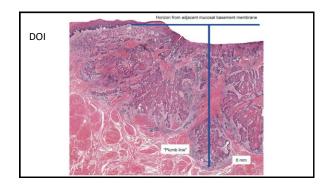


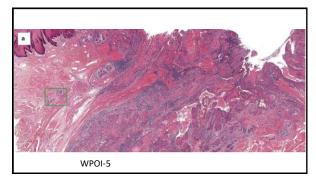


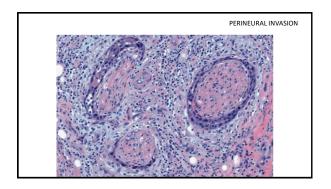
N Category	N Criteria		
NX	Regional lymph nodes cannot be assessed		PATHOLOGIC STAGING
N0	No regional lymph node metastasis		
NI	Metastasis in a single ipsilateral lymph node, 3 cm or smaller in greatest dimension and ENE(-)		
		N3a	Metastasis in a lymph node larger than 6 cm in greatest dimension and ENE(-)
		N3b	Metastasis in a single ipsilateral node larger that
N2a	Metastasis in a single ipsilateral node 3 cm or less in greatest dimension and ENE(+); or a single ipsilateral node larger than 3 cm but not larger than 6 cm in greatest dimension and ENE(-)		3 cm in greatest dimension and ENE(+); or multiple ipsilateral, contralateral, or bilateral nodes any size and ENE(+) in any node; or a single contralateral node of any size and
N2b	Metastases in multiple ipsilateral nodes, none larger than 6 cm in greatest dimension and ENE(-)		ENE(+)
N2c	Metastases in bilateral or contralateral lymph node(s), none larger than 6 cm in greatest dimension and ENE(-)		

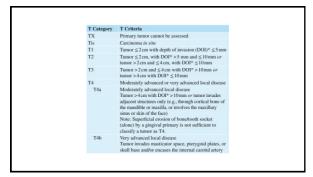
Oral Cancer

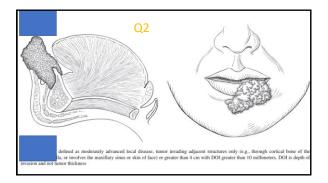


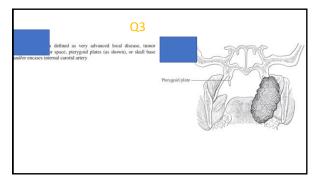












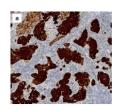
Oropharyngeal Squamous Cell Carcinoma

International Collaboration on Oropharyngeal cancer Network for Staging (ICON-S)

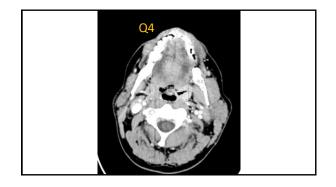
- Based on data from Princess Margaret Hospital an international collaboration began to investigate P16 positive staging
- 2600 patients evaluated
- 7th edition staging performed poorly for 16 positive cases, 5 yr-OS:
 - I, 88% [95% CI, 74%-100%];
 - II, 82% [95% CI, 71%-95%];
 - III, 84% [95% CI, 79%–89%];
 - IVA, 81% [95% CI, 79%-83%]; p = .25)
 - IVB, 60% [95% CI, 53%–68%]; p < .001), essentially driven by N3 disease

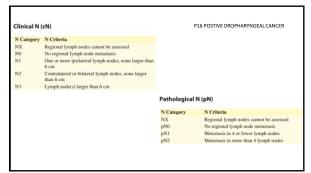
Lydiatt 2018

P16 POSITIVITY (GREATER THAN 75% DISTRIBUTION)

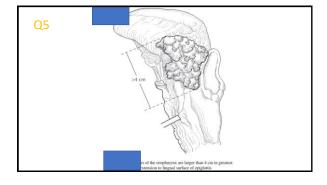


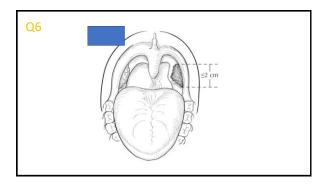
T Category	T Criteria
T0	No primary identified
T1	Tumor 2 cm or smaller in greatest dimension
T2	Tumor larger than 2 cm but not larger than 4 cm in greatest dimension
Т3	Tumor larger than 4 cm in greatest dimension or extension to lingual surface of epiglottis
T4	Moderately advanced local disease Tumor invades the larynx, extrinsic muscle of tongue, medial pterygoid, hard palate, or mandible or beyond*
	ension to lingual surface of epiglottis from primary base of the tongue and vallecula does not constitute inva- ynx.

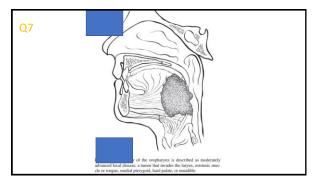


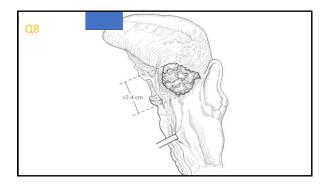


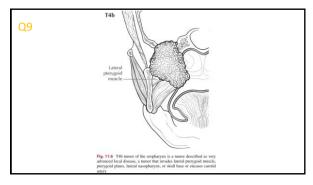
P16 NEGATIVE OROPHARYNX AND HYPOPHARYNX

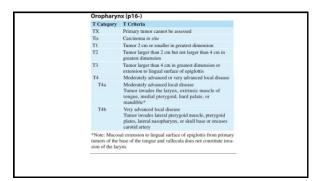


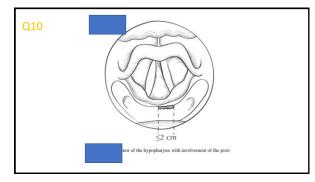


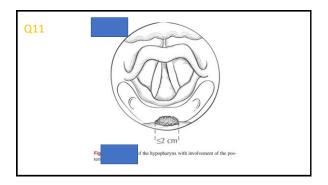


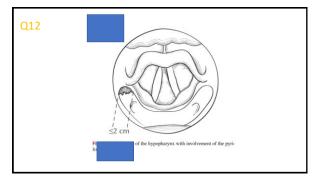


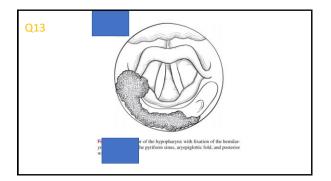


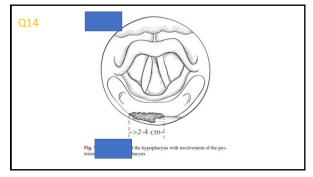


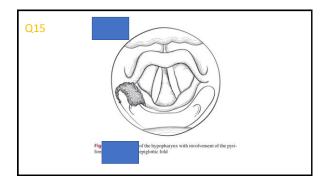


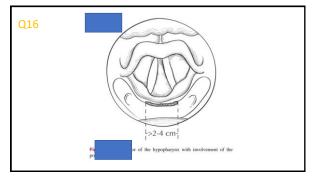


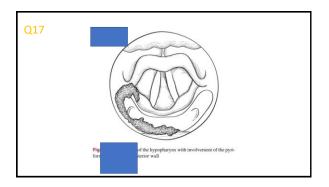


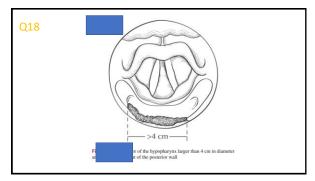


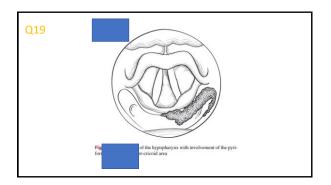


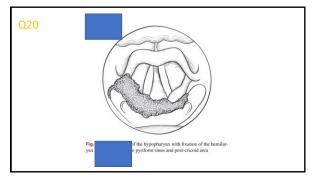


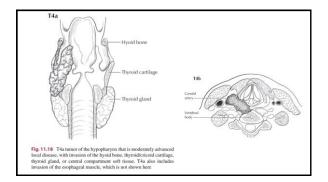


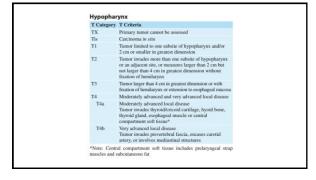


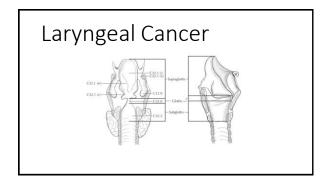


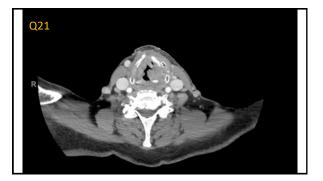


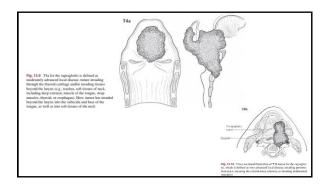


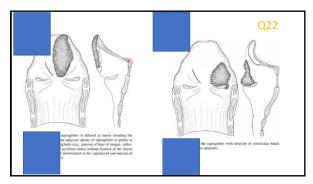


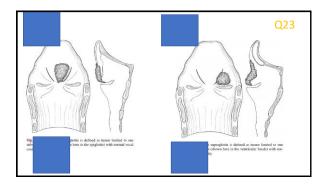


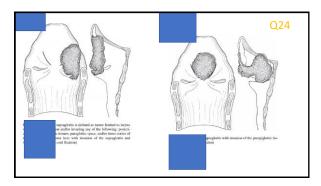




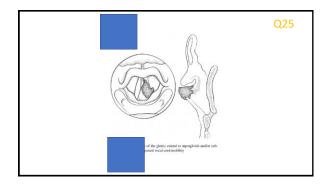


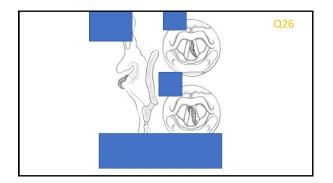


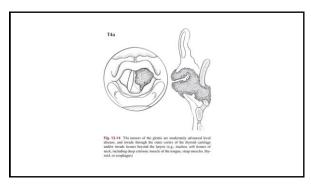


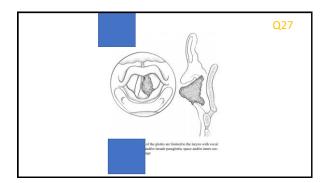


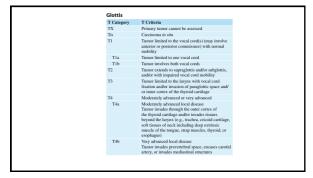
T Category	T Criteria
TX	Primary tumor cannot be assessed
Tis	Carcinoma in situ
Tl	Tumor limited to one subsite of supraglottis with normal vocal cord mobility
T2	Tumor invades mucosa of more than one adjacent subsite of supraglottis or glottis or region outside the supraglottis (e.g., mucosa of base of tongue, vallecula, medial wall of pyriform sinus) without fixation of the larynx
T3	Tumor limited to larynx with vocal cord fixation and/or invades any of the following: postericoid area, preepiglottic space, paraglottic space, and/or inner cortex of thyroid cartilage
T4	Moderately advanced or very advanced
T4a	Moderately advanced local disease Tumor invades through the outer cortex of the thyroid cartilage and/or invades tissues beyond the larynx (e.g., trachea, soft tissues of neck including deep extrinsic muscle of the tongue, strap muscles, thyroid, or esophagus)
T4b	Very advanced local disease Tumor invades prevertebral space, encases carotid artery, or invades mediastinal structures

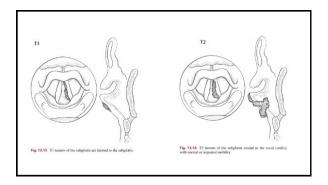


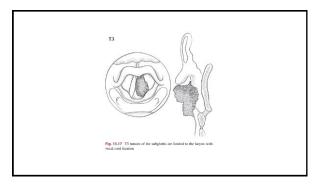


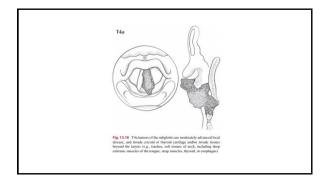


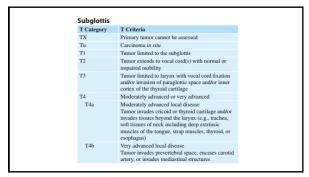




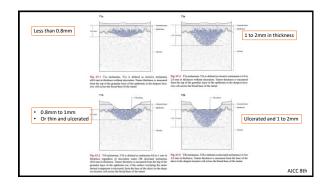


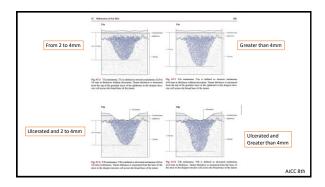


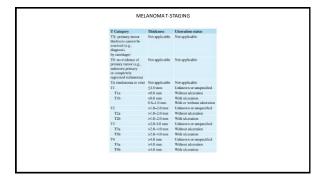


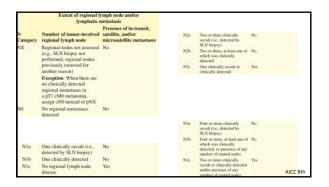


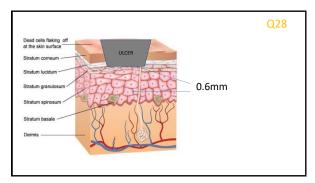
Melanoma Staging











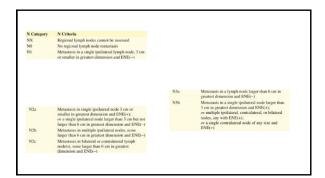
Cutaneous Non-Melanoma Skin Cancer



Cutaneous non-melanoma skin cancer

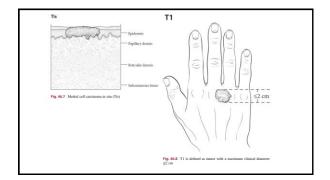
- Risk considerations:
 - Extranodal extension
 - Tumor Diameter (2cm is an important cutoff for metastatic potential)
 - Depth of invasion 6mm increased metastases
 - Location: Lip, ear, temple, and cheek
 - $\bullet\,$ PNI: for greater than 0.1mm nerves
 - Poor differentiation
 - Invasion of bony structures
 - Lymph nodes
 - Immunosuppression (organ transplant increases rate by 65x)

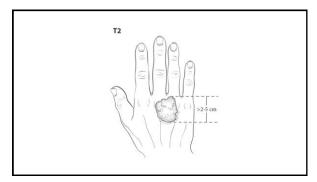
T Category	T Criteria
TX	Primary tumor cannot be assessed
Tis	Carcinoma in situ
TI	Tumor smaller than or equal to 2 cm in greatest dimension
T2	Tumor larger than 2 cm, but smaller than or equal to 4 cm in greatest dimension
T3	Tumor larger than 4 cm in maximum dimension or minor bone erosion or perincural invasion or deep invasion*
T4	Tumor with gross cortical bone/marrow, skull base invasion and/or skull base foramen invasion
T4a	Tumor with gross cortical bone/marrow invasion
T4b	Tumor with skull base invasion and/or skull base foramen involvement
or>6 mm (as m dermis to the ba is defined as tur than the dermis	is defined as invasion beyond the subcutaneous fit- casured from the granular layer of adjacent normal epi- ies of the tumor); perineural invasion for T3 classification for cells within the nerve sheath of a nerve lying deeper or measuring 0.1 mm or larger in caliber, or presenting adjographic involvement of named nerves without skull transgression.

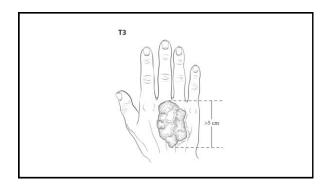


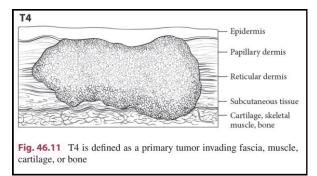
Merkel Cell

- 33% overall mortality
- Clonal incorporation of Merkel Cell Polyomavirus

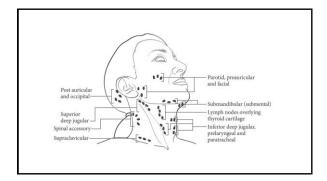


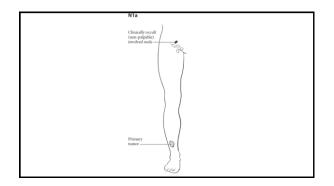


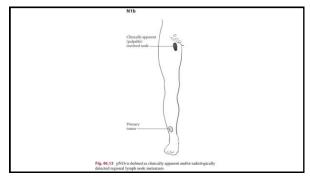


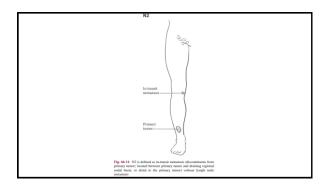


	MERKEL CELL CARCINOMA
T Category	T Criteria
TX	Primary tumor cannot be assessed (e.g., curetted)
T0	No evidence of primary tumor
Tis	In situ primary tumor
T1	Maximum clinical tumor diameter ≤2 cm
T2	Maximum clinical tumor diameter >2 but ≤5 cm
T3	Maximum clinical tumor diameter >5 cm
T4	Primary tumor invades fascia, muscle, cartilage,
	or bone

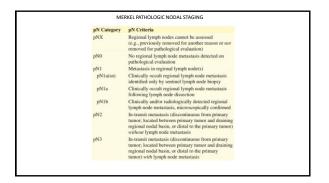


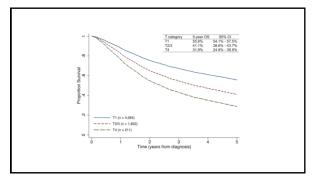


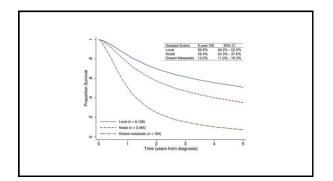


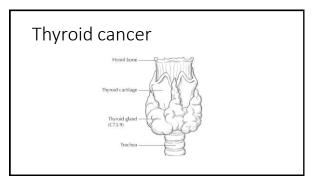


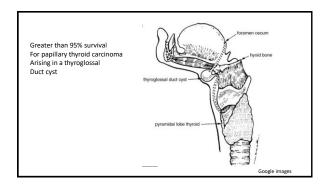
N. Ct	MERKEL CLINICAL NODAL STAGING
N Category	N Criteria
NX	Regional lymph nodes cannot be clinically assessed (e.g., previously removed for another reason, or because of body habitus)
N0	No regional lymph node metastasis detected on clinical and/or radiologic examination
N1	Metastasis in regional lymph node(s)
N2	In-transit metastasis (discontinuous from primary tumor; located between primary tumor and draining regional nodal basin, or distal to the primary tumor) without lymph node metastasis
N3	In-transit metastasis (discontinuous from primary tumor; located between primary tumor and draining regional nodal basin, or distal to the primary tumor) with lymph node metastasis



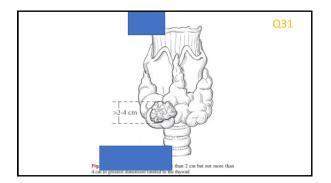


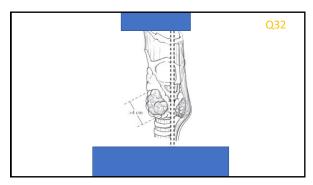


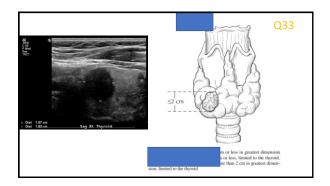


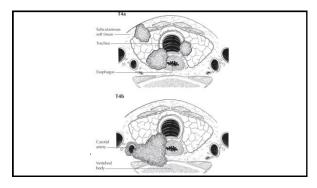




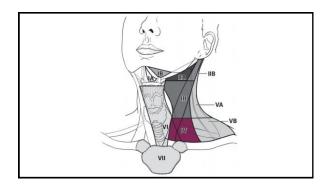






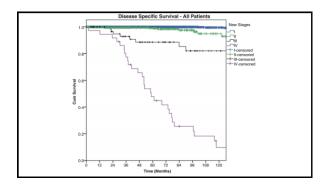


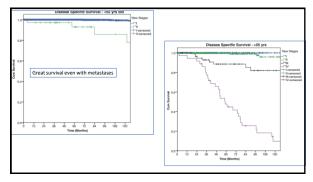
Hürthle Ce	
T Category	T Criteria
TX	Primary tumor cannot be assessed
TO	No evidence of primary tumor
TI	Tumor ≤2 cm in greatest dimension limited to the thyroid
Tla	Tumor ≤1 cm in greatest dimension limited to the thyroid
Tib	Tumor >1 cm but ≤2 cm in greatest dimension limited to the thyroid
T2	Tumor >2 cm but ≤4 cm in greatest dimension limited to the thyroid
T3	Tumor >4 cm limited to the thyroid, or gross extrathyroidal extension invading only strap muscles
T3a	Tumor >4 cm limited to the thyroid
T3b	Gross extrathyroidal extension invading only strap muscles (sternohyoid, sternothyroid, thyrohyoid, or omohyoid muscles) from a turnor of any size
T4	Includes gross extrathyroidal extension beyond the strap muscles
T4a	Gross extrathyroidal extension invading subcutaneous soft tissues, larynx, trachea, esophagus, or recurrent laryngeal nerve from a tumor of any size
T4b	Gross extrathyroidal extension invading prevertebral fascia or encasing the carotid artery or mediastinal vessels from a tumor of any size



N Category	N Criteria
NX	Regional lymph nodes cannot be assessed
N0	No evidence of locoregional lymph node metastasis
N0a	One or more cytologically or histologically confirmed benign lymph nodes
N0b	No radiologic or clinical evidence of locoregional lymph node metastasis
N1	Metastasis to regional nodes
Nla	Metastasis to level VI or VII (pretracheal, paratracheal, or prelaryngeal/Delphian, or upper mediastinal) lymph nodes. This can be unilateral or bilateral disease.
N1b	Metastasis to unilateral, bilateral, or contralateral lateral neck lymph nodes (levels I, II, III, IV, or V) or retropharyngeal lymph nodes

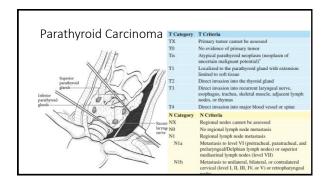
Differentiated				
When age at diagnosis is	And T is	And N	And M	Then the stage group is
<55 years	Any T	Any N	M0	I
<55 years	Any T	Any N	M1	II
≥55 years	T1	N0/NX	M0	I
≥55 years	T1	N1	M0	II
≥55 years	T2	N0/NX	M0	I
≥55 years	T2	N1	M0	II
≥55 years	T3a/T3b	Any N	M0	II
≥55 years	T4a	Any N	M0	III
≥55 years	T4b	Any N	M0	IVA
≥55 years	Any T	Any N	M1	IVB

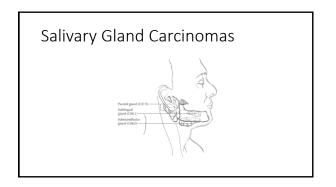


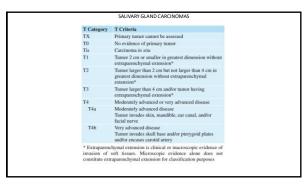


Medullary Thyroid Cancer

- Essentially same staging as well differentiated thyroid cancer
- Consideration for RET mutations
- Measurement of Calcitonin and CEA
- Remark on completeness of resection

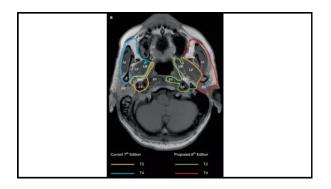




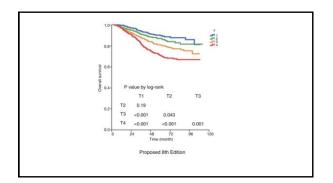


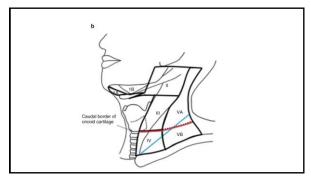


Nasopharyngeal Carcinoma

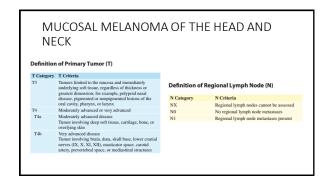


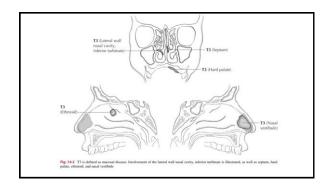
T Category	T Criteria
TX	Primary tumor cannot be assessed
T0	No tumor identified, but EBV-positive cervical node(s) involvement
Tis	Tumor in situ
T1	Tumor confined to nasopharynx, or extension to oropharynx and/or nasal cavity without parapharyngeal involvement
T2	Tumor with extension to parapharyngeal space, and/or adjacent soft tissue involvement (medial pterygoid, lateral pterygoid, prevertebral muscles)
T3	Tumor with infiltration of bony structures at skull base, cervical vertebra, pterygoid structures, and/or paranasal sinuses
T4	Tumor with intracranial extension, involvement of cranial nerves, hypopharynx, orbit, parotid gland, and/ or extensive soft tissue infiltration beyond the lateral surface of the lateral pterygoid muscle

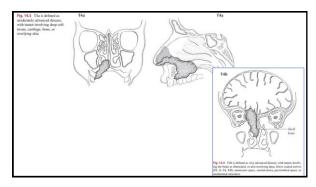


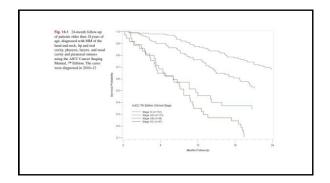


N Category	N Criteria
NX	Regional lymph nodes cannot be assessed
N0	No regional lymph node metastasis
NI	Unilateral metastasis in cervical lymph node(s) and/ or unilateral or bilateral metastasis in retropharyngeal lymph node(s), 6 cm or smaller in greatest dimension, above the caudal border of cricoid cartilage
N2	Bilateral metastasis in cervical lymph node(s), 6 cm or smaller in greatest dimension, above the caudal border of cricoid cartilage
N3	Unilateral or bilateral metastasis in cervical lymph node(s), larger than 6 cm in greatest dimension, and/ or extension below the caudal border of cricoid cartilage









Conclusions

- Staging is a dynamic process, for instance the evolution of oropharyngeal cancers over the past decades
- Staging is useful for standardization and reporting of cancer trends
- It should be prognostic